



**Our mission is to empower early learners to imagine the possibilities through mindful play.**

We offer a unique, comprehensive, play-based mindfulness programming solution to help young children build resilience, self-awareness, and empathy. Established in 2013, Mindful Play Learning was conceived to offer an enriching curriculum centered around the fusion of mindfulness and play-based learning. We recognized the imperative of fostering mindfulness through interactive play. We firmly believe that our program wields the potential to effect positive transformations – one child, one family, and one community at a time.

## **MPL COMPLETE PROGRAM SOLUTION \$2500**

The Mindful Play Learning Complete Program Solution provides everything you need to implement successful Mindful Play Learning sessions in your early learning environment.

- Curriculum Guide (300 pages) + 52 Themed Lesson Plans (300+ activities) Manual book
- 3-Hour Curriculum Guide Training for up to 2 staff
- 60-Minute Teacher Observation and Coaching
- Mindful Play Kit with activity enhancement tools (Suitcase, Teacher Yoga Mat, Meddy Teddy, Scarves Set, Hoberman Sphere, Woodstock Chime, Parachute, Bubble Machine, Sticker Set)
- Mindful Play Learning Certified Site Badge and Certificate
- Listing on the Mindful Play Learning Website

## **TEACHER OBSERVATION AND COACHING \$500**

1:1 coaching session to discuss the progress and implementation of Mindful Play Learning programming at your early learning environment,

## **ADDITIONAL CURRICULUM GUIDE \$300**

Curriculum Guide (300 pages) + 52 Themed Lesson Plans (300+ activities) Manual book

## **ADDITIONAL MINDFUL PLAY KIT \$400**

Mindful Play Kit with activity enhancement tools (Suitcase, Teacher Yoga Mat, Meddy Teddy, Scarves Set, Hoberman Sphere, Woodstock Chime, Parachute, Bubble Machine, Sticker Set)

## **ADDITIONAL TEACHER CURRICULUM GUIDE TRAINING \$250**

Mindful Play Learning, Curriculum Guide Training, is for early learning environments that want to train additional teachers as Mindful Play Learning instructors.

## **HOW CAN I INCORPORATE MINDFUL PLAY LEARNING AT MY FACILITY?**

Facilities can incorporate Mindful Play Learning as parent and me classes or as enrichment classes for early learners.

These sessions can be offered in the following ways:

- **Daily Sessions**
- **Weekly Sessions**      **Brand your classes as Mindful Play**
- **Bi-Weekly Sessions**      **Learning Certified or use your own name!**
- **Seasonal Camps**



**\*PRICES SUBJECT TO CHANGE**